

Additional 24-hour support options

Other 24-hour support services include:

[Lifeline](#) – 13 11 14

[Sane Australia](#) – 1800 187 263

[Kids Helpline](#) – 1800 551 800

[Mensline Australia](#) – 1300 789 978

[Suicide Call Back Service](#) – 1300 659 467

[Beyond Blue Support Service](#) – 1300 224 636

[Coronavirus Mental Wellbeing Support Service](#) – 1800 512 348

NewAccess is not a crisis service. If you are in an emergency or at immediate risk of harm to yourself or others, please go to your local emergency department or call 000.