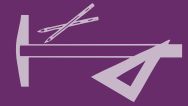
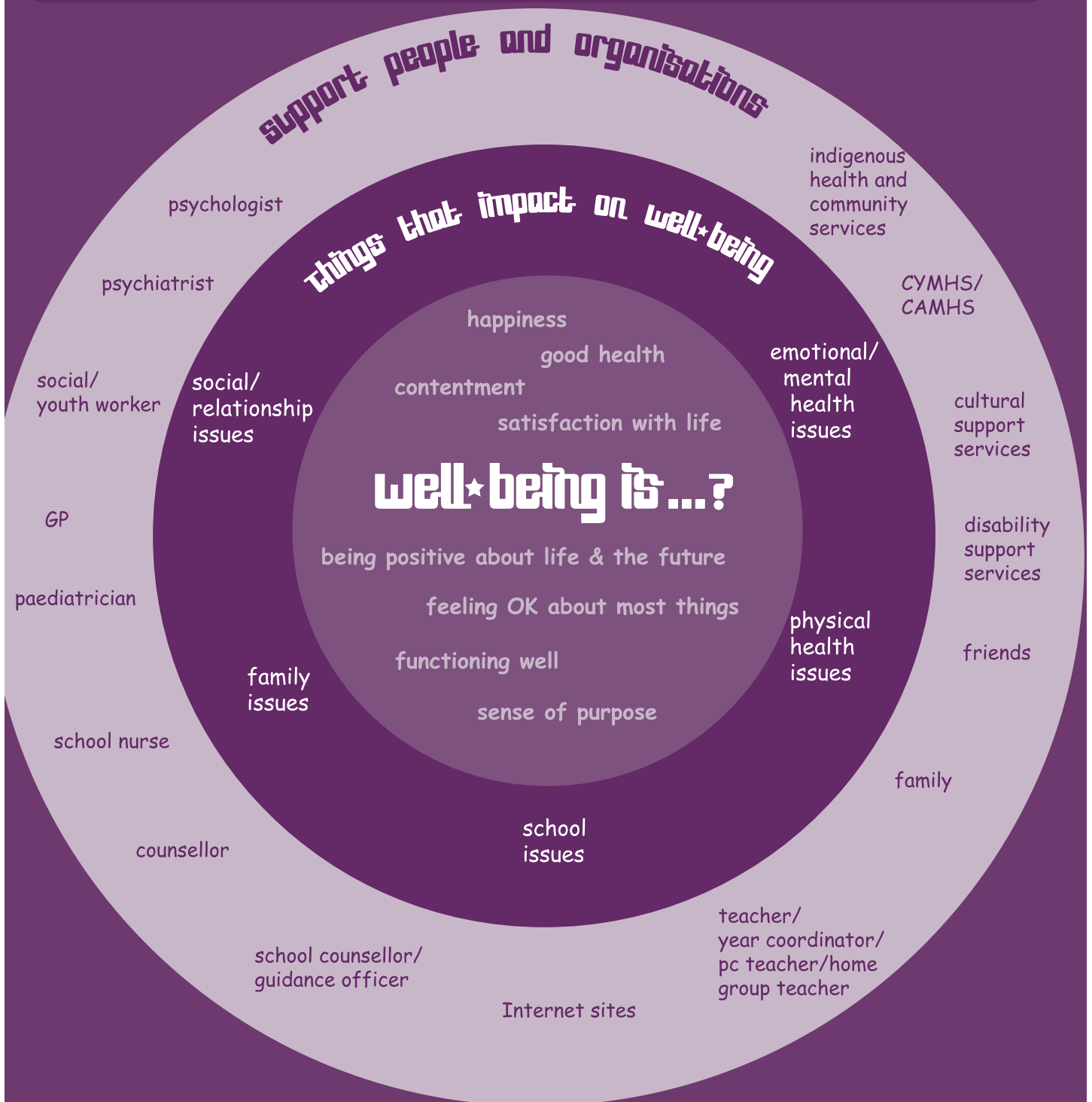


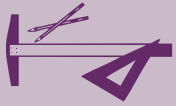
SESSIONS

how we'd like it



SESSION EIGHT IN REVIEW





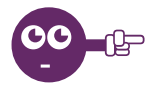
HOW WE'D LIKE IT

You are to work in your groups to design a "get away from it all", "stress busters", "help-seeking" space for students where they can go for privacy or quiet, to obtain information on mental health and emotional well-being issues, and where they can access or be referred to people who can provide support.

Below are the tasks to be completed as part of the project. Your teacher will explain which parts you are to complete.

Establish a rationale (the reason) for creating the space

Consider:
 Why do we need a special space in our school?
 How will it be helpful for the students?



Decide who can access the space and when they can access it

Consider:
 Who will be able to use the space?
 How many students can be in the space at the same time?
 When will the space be open for use?

Decide which people and support services should be available in the space

Consider:
 Are there support people already in the school you would like to have in your space?
 Are there support people in the community you would like to have in your space?
 Who will manage the space?



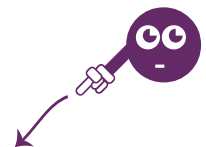
Create a design brief for the space

Consider:
 Where would you like the space to be?
 What will it look like?
 How big will it be?
 Will there be quiet areas?
 Will there be place where you can talk to people without being overheard?
 What furniture do you need?
 Do you need resources like TVs, videos, background music, Internet access?
 Can students access the space easily without going past the admin area or teachers' staffrooms?



Produce pamphlets/brochures/guides/posters that explain how to access the space, the services provided, confidentiality and other relevant information

Consider:
 How will you tell others about the space?
 What information will you need to include?
 How will you describe the services?
 Who can access the space?
 Are there any special rules?



The planning is even more important than the final plan!