



ACTIVITY: 'GIVE P.E.A.C.E. A CHANCE'

TIME: 30+ minutes
SIZE: Small groups
SPACE: Room for small groups to work
RESOURCES: Pens and paper

The aim is to encourage thought about individual qualities that are valued by wider society.

The result should be discussion about the qualities valued by individuals and wider society.

1. Discuss that while many jobs require study and formal qualifications (e.g. architects, tradespeople, pilots, doctors), some culturally important jobs do not necessarily need formal qualifications (e.g. politicians, entrepreneurs, activists, creators, and entertainers (hence the activity's title)).
2. Break the class into small groups, and ask these groups to brainstorm the qualities and values that these job types require. Allow 10 minutes.
3. Have groups then think about how some form of professional qualification, based on these qualities, might be implemented. Allow 10 minutes.
4. Have a representative from each group deliver their findings to the wider class.



DISCUSSION SUGGESTIONS

NB: Exercise caution if discussing sportspeople or celebrities with over-inflated egos; an unrealistic appraisal of one's self-worth can be just as damaging as a low Sense of Self-worth.

- What qualities and values were raised? Why are these important, and to whom?
- Why are formal qualifications important for some jobs, but unnecessary for others?
- Even though these jobs don't require formal qualifications, they still have a qualifying process (e.g. an election, recognition by peers, business success, appreciation by an audience). How important is a strong Sense of Self-worth to these jobs?
- Who are some notable identities in some of these fields? How would you characterise their Sense of Self-worth? Is it enhanced or challenged by their job?
- What strategies might these people employ to strengthen their own Sense of Self-worth?
- What lessons could you learn from these people to apply in your own life to build your Sense of Self-worth?