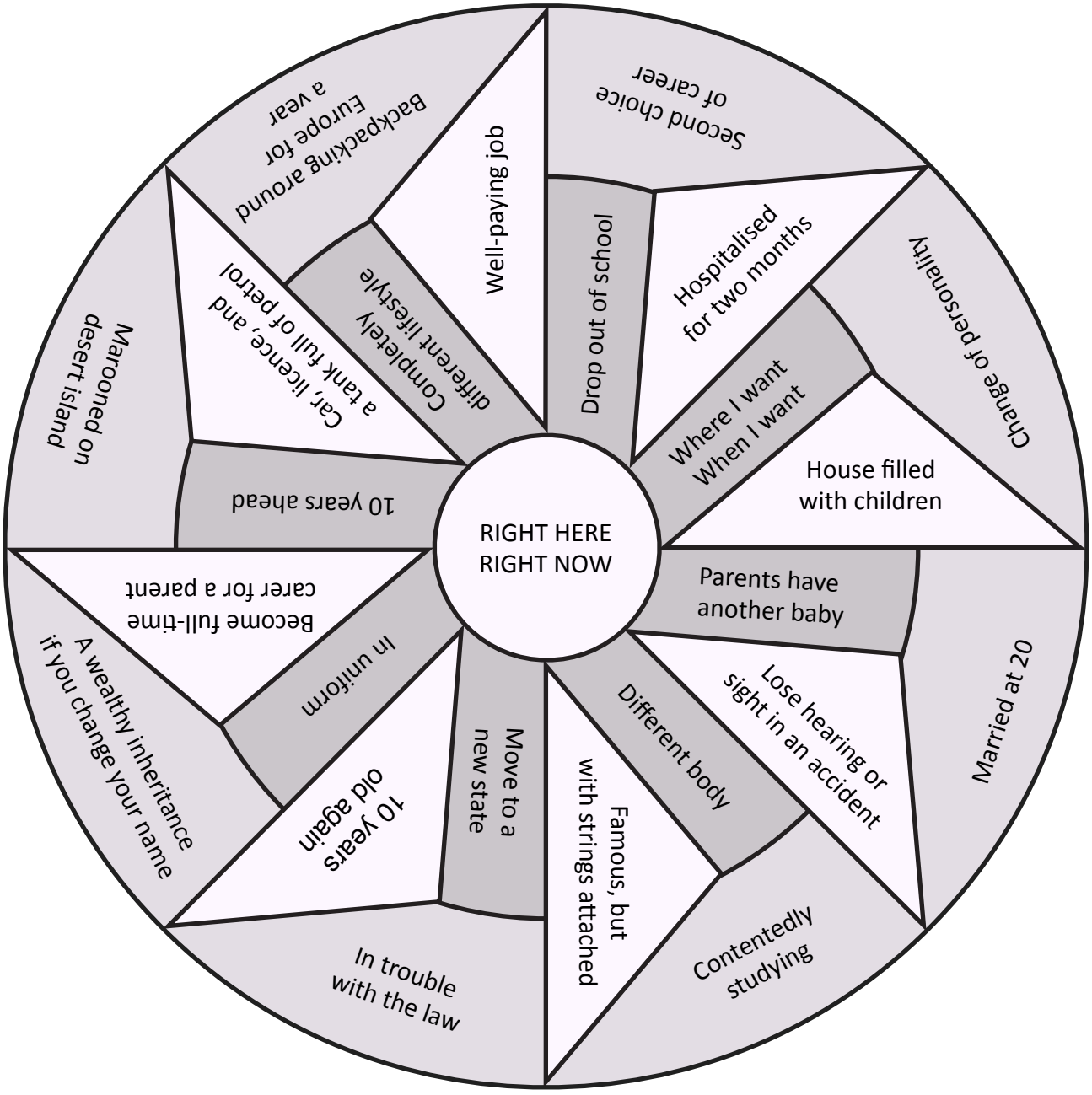
Mandala – Example

BACKGROUND

'Mandala' is a Sanskrit word that loosely translates to 'circle', but carries a great deal more meaning than a simple shape. It relates to wholeness, to the infinite via a circle without end, and to individuals' relationships with the world and within themselves.

OTHER MATERIALS

Chalk or butcher's paper, sticky tape, marking pens, individual objects as described in the activity p.72.

ACTION

Either draw this on concrete using chalk, or tape sheets of butcher's paper together to make a single, large piece on which you can draw your own mandala based on the guide below – make yours as simple or complex as you see fit. Use all, some, or none of the items; as teacher you should feel free to make up your own.