



ACTIVITY: 'UNPLANNED PLAN'

TIME: 20+ minutes
SIZE: Individuals or pairs
SPACE: No special requirements
RESOURCES: Goal Cards (p.83 or SenseAbility CD), hat/bucket, pens, paper

The aim is for students to create a plan to achieve a goal.

The result should be an understanding of the kind of thinking skills that are required for goal setting and planning in order to bolster a Sense of Future.

1. Every student/pair of students pulls from the hat/bucket a Goal Card. This will have a goal that might take some years, or the completion of significant tasks, to achieve.
2. Students/pairs have 15 minutes to work out 10 steps – milestones, if you like – that they would need to achieve to get them from where they are today to attaining the goal on their card.
3. At the end of the 15 minutes, have students/pairs share their plans with the rest of the class if they are happy to do so.



DISCUSSION SUGGESTIONS

- Did you relate to the goal you received? Why/why not?
- How easy or difficult was it to imagine yourself pursuing this goal? What new thinking skills did you find yourself using?
- What steps did you implement? Were some of these surprising? Did you find yourself confronted with choices that you had to make in this stepping-stone process?
- Could you achieve the goal on your card without making a plan? Would it be easier or harder? Why/why not?
- What useful things have you learned from this activity that you might be able to apply in your own life?