Additional 24-hour support options

Other 24-hour support services include:

- **Lifeline** – 13 11 14
- **Sane Australia** – 1800 187 263
- **Kids Helpline** – 1800 551 800
- **Mensline Australia** – 1300 789 978
- **Suicide Call Back Service** – 1300 659 467
- **Beyond Blue Support Service** – 1300 224 636
- **Coronavirus Mental Wellbeing Support Service** – 1800 512 348

NewAccess is not a crisis service. If you are in an emergency or at immediate risk of harm to yourself or others, please go to your local emergency department or call 000.