



Media Release

20 November 2017

***beyondblue* thanks Future Generation Global for generous investment**

beyondblue is pleased to announce a generous new contribution from major partner the Future Generation Global Investment Company.

The group has this year donated \$285,815 towards *beyondblue's* work improving mental health of young Australians through its Healthy Families program.

The latest boost is the second provided by Future Generation Global (FGG) and follows last financial year's \$231,578 injection.

"We are privileged to receive this very substantial donation from Future Generation Global. It will go a long way towards helping *beyondblue* achieve its goal of ensuring every Australian achieves their best possible mental health," ***beyondblue* Chief Executive Officer Georgie Harman** said.

"Specifically, this contribution will advance our work in the field of children's resilience as we seek to help professionals and parents to build resilience in the next generation."

FGG Chief Executive Officer Louise Walsh said the donation would make a tangible difference to the lives of young Australians affected by mental issues.

"We are delighted FGG can deliver significant support to *beyondblue's* work, which aims to improve the mental health of young Australians and we look forward to seeing the impact of both the Children's Resilience Project and the Healthy Families program," Ms Walsh said.

The *beyondblue* Children's Resilience Project is now in its final stages. The project involves the development of new evidence-based research into children's resilience which will inform the development of tips for parents and a practice guide for professionals who work with children, such as early childhood educators, teachers and maternal child health nurses.

"We know that investing in mental health in the early years, between the ages of 0 and 12, can help guard against mental health issues over the lifespan and this, of course, has significant social and economic benefits across the board," Ms Harman said.

The children's resilience work, part of the *beyondblue* Healthy Families program, builds on the initial FGG gift, which allowed *beyondblue* to develop and promote its Healthy Families website.

The site, <https://healthyfamilies.beyondblue.org.au/>, gives parents and carers access to evidence-based information and advice about raising healthy, resilient children.

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Mental health professionals are available at the beyondblue Support Service via phone 24/7 on 1300 22 4636 or via www.beyondblue.org.au/get-support for online chat (3pm-12am AEST) or email responses with 24 hours.

For further information please contact the *beyondblue* media team.